

Occupational Therapy Suggested Sensory Processing Difficulties

Note: Every child develops at his/her own rate, and these items below are just a general guideline to help determine any potential skill areas to address and focus on for your kiddo(s). Exposure and practice of these skills are key! ☺

Possible signs of Sensory Integration Dysfunction:
✓ Overly sensitive or underresponsive to touch, movement, sights or sounds
✓ An activity level that is unusually high or unusually low
✓ Clumsy or lack of coordination
✓ Inability to “unwind” or calm himself/herself down (self-regulation)
✓ Poor attention, easily distracted
✓ Difficulty transitioning from one activity/place to another
✓ Picky eater
✓ Difficulty with fine motor and/or gross motor skills
✓ Social/emotional problems